Southern California
CHRISTIAN COUNSELING

Faith-based counseling in Fallbrook & online



YOU DON'T HAVE TO WALK IT ALONE

Discipleship Counseling

Christ-centered support for life's challenges: someone to come alongside you, pray with you, and help you find healing, peace and freedom in Christ.

What is discipleship counseling?

Discipleship (also called pastoral or Christian) counseling, provided by a licensed, ordained minister, is the process of "coming alongside" those in need, providing individualized support via the guidance of the Holy Spirit.

> *Prayer is an integral, vital and ongoing part of every session.*

We can help with

- ✓ Anxiety, worry and stress
- ✓ Grief and loss
- ✓ Relationship, marriage and family conflict
- ✓ Life transitions
- ✓ Spiritual struggles and questions of faith
- ✓ Growing deeper in your walk with God

Ways to meet

Individual	Couples	Virtual
One-on-one sessions	Communication & connection	Secure online sessions

Proven tools, biblical truth

feeling good institute
TEAM-CBT
LEVEL 3 CERTIFIED

Scripture calls us to be "transformed by the renewing of your mind" (Romans 12:2). We weave proven Cognitive Behavioral Therapy tools together with biblical truth and prayer.

Meet your counselor



Andrea Judge Weinberg, DTh

A Christian counselor and licensed, ordained minister, TEAM-CBT Level 3 Certified through the Feeling Good Institute, with over three decades of experience serving others.

Everyone is welcome. You don't need to be a Christian to come; we meet you where you are, with compassion, confidentiality and respect. What you share stays confidential.

Call 760-652-9571

socalcc.net · 425 E Alvarado St, Ste F, Fallbrook, CA 92028

New clients start with a preliminary consultation. Our counselors are not licensed psychotherapists; we don't diagnose or treat disorders in a clinical capacity. In a crisis, call or text 988. Southern California Collaborative Therapy, DBA Southern California Christian Counseling.